

Salalah pre-tour

SEPTEMBER 2026

Day 0 – Sat, 26 Sept > Salalah - arrival

Arrive in Salalah (SLL).

Some Gulf airlines have direct flights from Middle Eastern hubs and India, else fly in domestically from Muscat.

Grab a SIM card at the airport. Cheap and easy.

Transfer to hotel. Group transfers available in blocks of arrival times. (Optional extra)

Afternoon and evening at leisure.

Overnight: Atana Hotel, Salalah (B)

*** TRIP STARTS ***

Day 1 – Sun, 27 Sept – Explore West Salalah

Mughsail Beach

Natural Blowholes

Frankincense Trail viewpoints

Hidden beaches and cliffs

Visit to the abandoned ship (shipwreck)

Zigzag road with dramatic views

Overnight: Atana Hotel, Salalah (B)

Day 2 – Mon, 28 Sept – Explore East Salalah

Al Baleed Archaeological Park (UNESCO World Heritage Site) and nearby Frankincense Land Museum, showcasing ancient trade routes and Oman's frankincense history

Visit Wadi Darbat, a lush valley with seasonal waterfalls (likely flowing during our visit), lakes, and greenery.

Photo/video stop at Gravity Point (Anti-Gravity Hill) – cool optical illusion experience where vehicles appear to roll uphill.

Khor Rori (Sumhuram archaeological site featuring ancient frankincense ruins, as well as a scenic lagoon and bird-watching area.

Taqah Castle, a well-preserved coastal fort giving insight into traditional Omani life and architecture

Mirbat Old Town, including Mirbat Fort. Mirbat is an historic town famous for the Battle of Mirbat. Walk through old ruins, harbor, photo stop along the scenic eastern coastline

Overnight: Atana Hotel, Salalah (B)

Day 3 – Tue, 29 Sept - Rub Al Khali half-day desert experience

Morning at leisure in Salalah City.

Around 13:00, head out by 4X4 to the [Empty Quarter](#) of Oman for desert fun (dune bashing, desert drives, sunset over the dune).

Visit a black camel farm with dates, as well as frankincense trees on the way.

Overnight: Atana Hotel, Salalah (B)

Day 4 – Wed, 30 Sept > Departure to Muscat

Airport transfer ([Optional extra](#)) and departure to Muscat. ([Domestic flight not included – book yourself](#) – Oman Air WY904 at 10:50 or WY906 at 14:35 OR SalamAir OV102 at 10:35 or OV104 at 14:20 are all reasonable options)

***** SALALAH PRE-TOUR ENDS *****

Optional extras

Airport transfer	5 OMR	26 September and 30 September
------------------	-------	-------------------------------